



National Adoption Competency
Mental Health **Training Initiative**™

A graphic titled 'pacing partners.' in orange and green text. It includes a green flag on a stick with the word 'START' written on it. A dashed line path leads from the flag to a calendar icon with the text 'Many Time Options' and a clock icon. A dark blue rounded rectangle contains the text 'A Complete Pacing Guide for Use with NTI Training for Mental Health Professionals'. A green box at the bottom right of the graphic says 'Enhanced Version 12/2025'.

pacing partners.

START

Many Time Options

A Complete Pacing Guide for
Use with NTI Training for
Mental Health Professionals

Enhanced Version 12/2025



nurture.
inspire.
empower.

Welcome!

This comprehensive pacing guide is designed to support and enhance your journey through the [National Adoption Competency Mental Health Training Initiative \(NTI\) Mental Health Professionals \(MHP\)](#) training program. It provides a structured yet flexible roadmap, offering suggested timelines (4 months, 6 months, 9 months, and 12 months) to help you navigate the modules effectively.

While these guidelines serve as a helpful reference, we recognize that learning is personal. Each module may take more or less time depending on your learning style, background knowledge, and availability. In the Time Estimation column, 'L1,' 'L2,' 'L3,' etc., represent Lessons 1, 2, 3, and so on within each module.

Feel free to adjust the pacing to best suit your needs. Whether you prefer a steady approach or a more accelerated path, this guide is here to help you stay on track while allowing for flexibility. Additionally, we encourage you to consider completing this training alongside a partner or colleague. Engaging in discussions, sharing insights, and providing mutual support can enrich your learning experience.

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4-Month /16-Week Schedule

Goal: ~1.75 – 2.25 hours per week over 16 weeks

WEEK	MODULE	TIME ESTIMATION
1	A Case for Adoption Competency	1.5 hours <ul style="list-style-type: none"> • Pre-training survey (10 mins) • Pre-test (15 mins) • L1 (30 mins) • L2 (10 mins) • L3 (30 mins)
2	A Case for Adoption Competency (cont'd)	1.5 hours <ul style="list-style-type: none"> • L4 (20 mins) • L5 (20 mins) • L6 (35 mins) • Post-test (15 mins)
3	Understanding and Addressing the Complex Mental Health Needs of Children & Youth in Adoptive and Guardianship Families	2 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) • L2 (40 mins) • L3 (20 mins)
4	Understanding and Addressing the Complex Mental Health Needs of Children & Youth in Adoptive and Guardianship Families (cont'd)	2 hours <ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (40 mins) • L5 (45 mins) • Post-test (15 mins)
5	Attachment, Child Development, and Mental Health – Promoting Security in Adoptive and Guardianship Families	2 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (45 mins) • L2 (45 mins) • L3 (15 mins)
6	Attachment, Child Development, and Mental Health – Promoting Security in Adoptive and Guardianship Families (cont'd)	1.75 hours <ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (35 mins) • L5 (35 mins) • Post-test (15 mins)
7	The Impact of Loss and Grief Experiences on Children's & Youth's Mental Health	2.25 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (50 mins) • L2 (35 mins) • L3 (35 mins)

WEEK	MODULE	TIME ESTIMATION
8	The Impact of Loss and Grief Experiences on Children's & Youth's Mental Health (cont'd)	<p>2.75 hours</p> <ul style="list-style-type: none"> • L4 (50 mins) • L5 (50 mins) • L6 (45 mins) • Post-test (15 mins)
9	Addressing the Impact of Trauma on Child Development and Mental Health	<p>2 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (60 mins) • L2 (30 mins) • L3 (20 mins)
10	Addressing the Impact of Trauma on Child Development and Mental Health (cont'd)	<p>2.25 hours</p> <ul style="list-style-type: none"> • L3 (cont'd) (25 mins) • L4 (45 mins) • L5 (50 mins) • Post-test (15 mins)
11	Identity Formation and the Impact of Adoption and Guardianship	<p>1.75 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (35 mins) • L3 (25 mins)
12	Identity Formation and the Impact of Adoption and Guardianship (cont'd)	<p>2.25 hours</p> <ul style="list-style-type: none"> • L4 (30 mins) • L5 (45 mins) • L6 (50 mins) • Post-test (15 mins)
13	Assessment and Treatment Planning	<p>3.25 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) • L2 (45 mins) • L3 (30 mins) • L4 (45 mins) • Post-test (15 mins)
14	Using Therapeutic Parenting Strategies to Address Children's Challenging Behaviors	<p>2 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) • L2 (45 mins) • L3 (15 mins)
15	Using Therapeutic Parenting Strategies to Address Children's Challenging Behaviors (cont'd)	<p>1.25 hours</p> <ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (45 mins) • Post-test (15 mins)

WEEK	MODULE	TIME ESTIMATION
16	Family Stability and Wellness Post Permanency <i>Catch Up/ Review and Post Training Survey</i>	3 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (35 mins) • L2 (50 mins) • L3 (25 mins) • Post-test (15 mins) • Catch up/ final review of modules (15 mins) • Post-training Survey (15 mins)

6-Month / 24-Week Schedule

Goal: ~1.25 – 1.75 hours per week over 24 weeks

WEEK	MODULE	TIME ESTIMATION
1	A Case for Adoption Competency	1.25 hours <ul style="list-style-type: none"> • Pre-training survey (10 mins) • Pre-test (15 mins) • L1 (30 mins) • L2 (10 mins)
2	A Case for Adoption Competency (cont'd)	1 hour <ul style="list-style-type: none"> • L3 (30 mins) • L4 (20 mins)
3	A Case for Adoption Competency (cont'd)	1.25 hours <ul style="list-style-type: none"> • L5 (20 mins) • L6 (35 mins) • Post-test (15 mins)
4	Understanding and Addressing the Complex Mental Health Needs of Children & Youth in Adoptive and Guardianship Families	1.25 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) • L2 (20 mins)
5	Understanding and Addressing the Complex Mental Health Needs of Children & Youth in Adoptive and Guardianship Families (cont'd)	1.25 hours <ul style="list-style-type: none"> • L2 (cont'd) (15 mins) • L3 (35 mins) • L4 (20 mins)
6	Understanding and Addressing the Complex Mental Health Needs of Children & Youth in Adoptive and Guardianship Families (cont'd)	1 hour <ul style="list-style-type: none"> • L4 (cont'd) (15 mins) • L5 (30 mins) • Post-test (15 mins)
7	Attachment, Child Development, and Mental Health – Promoting Security in Adoptive and Guardianship Families	1.25 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (45 mins) • L2 (15 mins)
8	Attachment, Child Development, and Mental Health – Promoting Security in Adoptive and Guardianship Families (cont'd)	1.25 hours <ul style="list-style-type: none"> • L2 (cont'd) (30 mins) • L3 (30 mins) • L4 (20 mins)
9	Attachment, Child Development, and Mental Health – Promoting Security in Adoptive and Guardianship Families (cont'd)	1 hour <ul style="list-style-type: none"> • L4 (cont'd) (15 mins) • L5 (35 mins) • Post-test (15 mins)

WEEK	MODULE	TIME ESTIMATION
10	The Impact of Loss and Grief Experiences on Children's & Youth's Mental Health	1.25 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (50 mins) • L2 (15 mins)
11	The Impact of Loss and Grief Experiences on Children's & Youth's Mental Health (cont'd)	1.75 hours <ul style="list-style-type: none"> • L2 (cont'd) (20 mins) • L3 (35 mins) • L4 (50 mins)
12	The Impact of Loss and Grief Experiences on Children's & Youth's Mental Health (cont'd)	2 hours <ul style="list-style-type: none"> • L5 (50 mins) • L6 (45 mins) • Post-test (15 mins)
13	Addressing the Impact of Trauma on Child Development and Mental Health	1.5 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (60 mins) • L2 (15 mins)
14	Addressing the Impact of Trauma on Child Development and Mental Health (cont'd)	1.25 hours <ul style="list-style-type: none"> • L2 (cont'd) (15 mins) • L3 (45 mins) • L4 (20 mins)
15	Addressing the Impact of Trauma on Child Development and Mental Health (cont'd)	1.5 hours <ul style="list-style-type: none"> • L4 (cont'd) (25 mins) • L5 (50 mins) • Post-test (15 mins)
16	Identity Formation and the Impact of Adoption and Guardianship	1.25 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (35 mins)
17	Identity Formation and the Impact of Adoption and Guardianship (cont'd)	1.25 hours <ul style="list-style-type: none"> • L3 (25 mins) • L4 (30 mins) • L5 (25 mins)
18	Identity Formation and the Impact of Adoption and Guardianship (cont'd)	1.5 hours <ul style="list-style-type: none"> • L5 (cont'd) (20 mins) • L6 (50 mins) • L7 (15 mins) • Post-test (15 mins)
19	Assessment and Treatment Planning	1.5 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) • L2 (30 mins)

WEEK	MODULE	TIME ESTIMATION
20	Assessment and Treatment Planning (cont'd)	<p>1.75 hours</p> <ul style="list-style-type: none"> • L2 (cont'd) (15 mins) • L3 (30 mins) • L4 (45 mins) • Post-test (15 mins)
21	Using Therapeutic Parenting Strategies to Address Children’s Challenging Behaviors	<p>1.75 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) • L2 (45 mins)
22	Using Therapeutic Parenting Strategies to Address Children’s Challenging Behaviors (cont'd)	<p>1.5 hours</p> <ul style="list-style-type: none"> • L3 (30 mins) • L4 (45 mins) • Post-test (15 mins)
23	Family Stability and Wellness Post Permanency	<p>1.5 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (35 mins) • L2 (40 mins)
24	Family Stability and Wellness Post Permanency (cont'd) <i>Catch Up/ Review and Post-Training Survey</i>	<p>1.5 hours</p> <ul style="list-style-type: none"> • L2 (cont'd) (10 mins) • L3 (25 mins) • Post-test (15 mins) • Catch up/ final review of modules (15 mins) • Post-training Survey (15 mins)

9-Month / 36 Week Schedule

Goal: ~3.25 hours – 4.25 hours / 1 module per month over 9 months

MONTH	MODULE	TIME ESTIMATION								
1	A Case for Adoption Competency	<p style="text-align: center;">3.25 hours</p> <table border="1"> <tr> <td style="background-color: #e67e22; color: white;">Week 1</td> <td> <ul style="list-style-type: none"> • Pre-training survey (10mins) • Pre-test (15 mins) • L1 (40 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 2</td> <td> <ul style="list-style-type: none"> • L2 (10 mins) • L3 (30 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 3</td> <td> <ul style="list-style-type: none"> • L4 (20 mins) • L5 (20 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 4</td> <td> <ul style="list-style-type: none"> • L6 (35 mins) • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-training survey (10mins) • Pre-test (15 mins) • L1 (40 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (10 mins) • L3 (30 mins) 	Week 3	<ul style="list-style-type: none"> • L4 (20 mins) • L5 (20 mins) 	Week 4	<ul style="list-style-type: none"> • L6 (35 mins) • Post-test (15 mins)
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Week 2	<ul style="list-style-type: none"> • L2 (10 mins) • L3 (30 mins) 									
Week 3	<ul style="list-style-type: none"> • L4 (20 mins) • L5 (20 mins) 									
Week 4	<ul style="list-style-type: none"> • L6 (35 mins) • Post-test (15 mins) 									
2	Understanding and Addressing the Complex Mental Health Needs of Children & Youth in Adoptive and Guardianship Families	<p style="text-align: center;">3.5 hours</p> <table border="1"> <tr> <td style="background-color: #e67e22; color: white;">Week 1</td> <td> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 2</td> <td> <ul style="list-style-type: none"> • L2 (35 mins) • L3 (20 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 3</td> <td> <ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (40 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 4</td> <td> <ul style="list-style-type: none"> • L5 (45 mins) • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (35 mins) • L3 (20 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (40 mins) 	Week 4	<ul style="list-style-type: none"> • L5 (45 mins) • Post-test (15 mins)
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3	Attachment, Child Development, and Mental Health – Promoting Security in Adoptive and Guardianship Families	<p style="text-align: center;">3.5 hours</p> <table border="1"> <tr> <td style="background-color: #e67e22; color: white;">Week 1</td> <td> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (45 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 2</td> <td> <ul style="list-style-type: none"> • L2 (45 mins) • L3 (15 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 3</td> <td> <ul style="list-style-type: none"> • L3 (cont'd) (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (45 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (45 mins) • L3 (15 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (cont'd) (15 mins) 		
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Week 3	<ul style="list-style-type: none"> • L3 (cont'd) (15 mins) 									

MONTH	MODULE	TIME ESTIMATION	
			<ul style="list-style-type: none"> • L4 (35 mins)
		Week 4	<ul style="list-style-type: none"> • L5 (35 mins) • Post-test (15 mins)
4	The Impact of Loss and Grief Experiences on Children’s & Youth’s Mental Health	4.5 hours	
		Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (50 mins)
		Week 2	<ul style="list-style-type: none"> • L2 (35 mins) • L3 (35 mins)
		Week 3	<ul style="list-style-type: none"> • L4 (50 mins) • L5 (30 mins)
		Week 4	<ul style="list-style-type: none"> • L5 (cont’d) (20 mins) • L6 (45 mins) • Post-test (15 mins)
5	Addressing the Impact of Trauma on Child Development and Mental Health	4.25 hours	
		Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (60 mins)
		Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins)
		Week 3	<ul style="list-style-type: none"> • L3 (cont’d) (15 mins) • L4 (45 mins)
		Week 4	<ul style="list-style-type: none"> • L5 (50 mins) • Post-test (15 mins)
6	Identity Formation and the Impact of Adoption and Guardianship	4.25 hours	
		Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins)
		Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (25 mins)
		Week 3	<ul style="list-style-type: none"> • L4 (30 mins)

MONTH	MODULE	TIME ESTIMATION	
		Week 4	<ul style="list-style-type: none"> • L5 (45 mins) • L6 (50 mins) • L7 (15 mins) • Post-test (15 mins)
7	Assessment and Treatment Planning	3.25 hours	
		Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins)
		Week 2	<ul style="list-style-type: none"> • L2 (45 mins)
		Week 3	<ul style="list-style-type: none"> • L3 (30 mins)
		Week 4	<ul style="list-style-type: none"> • L4 (45 mins) • Post-test (15 mins)
8	Using Therapeutic Parenting Strategies to Address Children’s Challenging Behaviors	3.25 hours	
		Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins)
		Week 2	<ul style="list-style-type: none"> • L1 (cont’d) (10 mins) • L2 (45 mins)
		Week 3	<ul style="list-style-type: none"> • L3 (30 mins)
		Week 4	<ul style="list-style-type: none"> • L4 (45 mins) • Post-test (15 mins)
9	Family Stability and Wellness Post Permanency	3.25 hours	
		Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (35 mins)
		Week 2	<ul style="list-style-type: none"> • L2 (50 mins)
		Week 3	<ul style="list-style-type: none"> • L3 (25 mins)
		Week 4	<ul style="list-style-type: none"> • Post-test (15 mins) • Catch up / final review of

MONTH	MODULE	TIME ESTIMATION	
			modules (30 mins) <ul style="list-style-type: none"> • Post-training survey (15 mins)

12-Month / 48 Week Schedule

Goal: ~2.25 hours – 3.5 hours per month over 12 months

MONTH	MODULE	TIME ESTIMATION								
1	A Case for Adoption Competency	<p>2.2 hours</p> <table border="1"> <tr> <td>Week 1</td> <td> <ul style="list-style-type: none"> Pre-training survey (10 mins) Pre-test (15 mins) </td> </tr> <tr> <td>Week 2</td> <td> <ul style="list-style-type: none"> L1 (30 mins) </td> </tr> <tr> <td>Week 3</td> <td> <ul style="list-style-type: none"> L2 (10 mins) L3 (15 mins) </td> </tr> <tr> <td>Week 4</td> <td> <ul style="list-style-type: none"> L3 (cont'd) (15 mins) L4 (20 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> Pre-training survey (10 mins) Pre-test (15 mins) 	Week 2	<ul style="list-style-type: none"> L1 (30 mins) 	Week 3	<ul style="list-style-type: none"> L2 (10 mins) L3 (15 mins) 	Week 4	<ul style="list-style-type: none"> L3 (cont'd) (15 mins) L4 (20 mins)
Week 1	<ul style="list-style-type: none"> Pre-training survey (10 mins) Pre-test (15 mins) 									
Week 2	<ul style="list-style-type: none"> L1 (30 mins) 									
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Week 4	<ul style="list-style-type: none"> L3 (cont'd) (15 mins) L4 (20 mins) 									
2	A Case for Adoption Competency (cont'd)	<p>2 hours</p> <table border="1"> <tr> <td>Week 1</td> <td> <ul style="list-style-type: none"> L5 (20 mins) </td> </tr> <tr> <td>Week 2</td> <td> <ul style="list-style-type: none"> L6 (20 mins) </td> </tr> <tr> <td>Week 3</td> <td> <ul style="list-style-type: none"> L6 (15 mins) </td> </tr> <tr> <td>Week 4</td> <td> <ul style="list-style-type: none"> Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> L5 (20 mins) 	Week 2	<ul style="list-style-type: none"> L6 (20 mins) 	Week 3	<ul style="list-style-type: none"> L6 (15 mins) 	Week 4	<ul style="list-style-type: none"> Post-test (15 mins)
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3	Understanding and Addressing the Complex Mental Health Needs of Children & Youth in Adoptive and Guardianship Families	<p>3.75 hours</p> <table border="1"> <tr> <td>Week 1</td> <td> <ul style="list-style-type: none"> Pre-test (15 mins) L1 (40 mins) </td> </tr> <tr> <td>Week 2</td> <td> <ul style="list-style-type: none"> L2 (35 mins) L3 (20 mins) </td> </tr> <tr> <td>Week 3</td> <td> <ul style="list-style-type: none"> L3 (cont'd) (15 mins) L4 (40 mins) </td> </tr> <tr> <td>Week 4</td> <td> <ul style="list-style-type: none"> L5 (45 mins) Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> Pre-test (15 mins) L1 (40 mins) 	Week 2	<ul style="list-style-type: none"> L2 (35 mins) L3 (20 mins) 	Week 3	<ul style="list-style-type: none"> L3 (cont'd) (15 mins) L4 (40 mins) 	Week 4	<ul style="list-style-type: none"> L5 (45 mins) Post-test (15 mins)
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MONTH	MODULE	TIME ESTIMATION								
4	Attachment, Child Development, and Mental Health – Promoting Security in Adoptive and Guardianship Families	<p style="text-align: center;">3.5 hours</p> <table border="1"> <tr> <td data-bbox="1027 302 1154 411">Week 1</td> <td data-bbox="1154 302 1416 411"> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (45 mins) </td> </tr> <tr> <td data-bbox="1027 411 1154 485">Week 2</td> <td data-bbox="1154 411 1416 485"> <ul style="list-style-type: none"> • L2 (45 mins) • L3 (15 mins) </td> </tr> <tr> <td data-bbox="1027 485 1154 594">Week 3</td> <td data-bbox="1154 485 1416 594"> <ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (35 mins) </td> </tr> <tr> <td data-bbox="1027 594 1154 703">Week 4</td> <td data-bbox="1154 594 1416 703"> <ul style="list-style-type: none"> • L5 (35 mins) • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (45 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (45 mins) • L3 (15 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (35 mins) 	Week 4	<ul style="list-style-type: none"> • L5 (35 mins) • Post-test (15 mins)
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Week 3	<ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (35 mins) 									
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5	The Impact of Loss and Grief Experiences on Children’s & Youth’s Mental Health	<p style="text-align: center;">2.25 hours</p> <table border="1"> <tr> <td data-bbox="1027 821 1154 930">Week 1</td> <td data-bbox="1154 821 1416 930"> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) </td> </tr> <tr> <td data-bbox="1027 930 1154 1039">Week 2</td> <td data-bbox="1154 930 1416 1039"> <ul style="list-style-type: none"> • L1 (cont'd) (20 mins) • L2 (20 mins) </td> </tr> <tr> <td data-bbox="1027 1039 1154 1148">Week 3</td> <td data-bbox="1154 1039 1416 1148"> <ul style="list-style-type: none"> • L2 (cont'd) (15 mins) • L3 (20 mins) </td> </tr> <tr> <td data-bbox="1027 1148 1154 1222">Week 4</td> <td data-bbox="1154 1148 1416 1222"> <ul style="list-style-type: none"> • L3 (cont'd) (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 	Week 2	<ul style="list-style-type: none"> • L1 (cont'd) (20 mins) • L2 (20 mins) 	Week 3	<ul style="list-style-type: none"> • L2 (cont'd) (15 mins) • L3 (20 mins) 	Week 4	<ul style="list-style-type: none"> • L3 (cont'd) (15 mins)
Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 									
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Week 3	<ul style="list-style-type: none"> • L2 (cont'd) (15 mins) • L3 (20 mins) 									
Week 4	<ul style="list-style-type: none"> • L3 (cont'd) (15 mins) 									
6	The Impact of Loss and Grief Experiences on Children’s & Youth’s Mental Health (cont’d)	<p style="text-align: center;">2.25 hours</p> <table border="1"> <tr> <td data-bbox="1027 1339 1154 1377">Week 1</td> <td data-bbox="1154 1339 1416 1377"> <ul style="list-style-type: none"> • L4 (30 mins) </td> </tr> <tr> <td data-bbox="1027 1377 1154 1486">Week 2</td> <td data-bbox="1154 1377 1416 1486"> <ul style="list-style-type: none"> • L4 (cont'd) (20 mins) • L5 (20 mins) </td> </tr> <tr> <td data-bbox="1027 1486 1154 1596">Week 3</td> <td data-bbox="1154 1486 1416 1596"> <ul style="list-style-type: none"> • L5 (cont'd) (30 mins) • L6 (15 mins) </td> </tr> <tr> <td data-bbox="1027 1596 1154 1747">Week 4</td> <td data-bbox="1154 1596 1416 1747"> <ul style="list-style-type: none"> • L6 (cont'd) (30 mins) • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • L4 (30 mins) 	Week 2	<ul style="list-style-type: none"> • L4 (cont'd) (20 mins) • L5 (20 mins) 	Week 3	<ul style="list-style-type: none"> • L5 (cont'd) (30 mins) • L6 (15 mins) 	Week 4	<ul style="list-style-type: none"> • L6 (cont'd) (30 mins) • Post-test (15 mins)
Week 1	<ul style="list-style-type: none"> • L4 (30 mins) 									
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Week 3	<ul style="list-style-type: none"> • L5 (cont'd) (30 mins) • L6 (15 mins) 									
Week 4	<ul style="list-style-type: none"> • L6 (cont'd) (30 mins) • Post-test (15 mins) 									

MONTH	MODULE	TIME ESTIMATION								
7	Addressing the Impact of Trauma on Child Development and Mental Health	<p style="text-align: center;">4.25 hours</p> <table border="1"> <tr> <td data-bbox="1024 302 1154 415">Week 1</td> <td data-bbox="1154 302 1419 415"> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (60 mins) </td> </tr> <tr> <td data-bbox="1024 415 1154 489">Week 2</td> <td data-bbox="1154 415 1419 489"> <ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins) </td> </tr> <tr> <td data-bbox="1024 489 1154 602">Week 3</td> <td data-bbox="1154 489 1419 602"> <ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (45 mins) </td> </tr> <tr> <td data-bbox="1024 602 1154 716">Week 4</td> <td data-bbox="1154 602 1419 716"> <ul style="list-style-type: none"> • L5 (50 mins) • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (60 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (45 mins) 	Week 4	<ul style="list-style-type: none"> • L5 (50 mins) • Post-test (15 mins)
Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (60 mins) 									
Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins) 									
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Week 4	<ul style="list-style-type: none"> • L5 (50 mins) • Post-test (15 mins) 									
8	Identity Formation and the Impact of Adoption and Guardianship	<p style="text-align: center;">2.25 hours</p> <table border="1"> <tr> <td data-bbox="1024 821 1154 934">Week 1</td> <td data-bbox="1154 821 1419 934"> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) </td> </tr> <tr> <td data-bbox="1024 934 1154 972">Week 2</td> <td data-bbox="1154 934 1419 972"> <ul style="list-style-type: none"> • L2 (35 mins) </td> </tr> <tr> <td data-bbox="1024 972 1154 1010">Week 3</td> <td data-bbox="1154 972 1419 1010"> <ul style="list-style-type: none"> • L3 (25 mins) </td> </tr> <tr> <td data-bbox="1024 1010 1154 1047">Week 4</td> <td data-bbox="1154 1010 1419 1047"> <ul style="list-style-type: none"> • L4 (30 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (35 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (25 mins) 	Week 4	<ul style="list-style-type: none"> • L4 (30 mins)
Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 									
Week 2	<ul style="list-style-type: none"> • L2 (35 mins) 									
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Week 4	<ul style="list-style-type: none"> • L4 (30 mins) 									
9	Identity Formation and the Impact of Adoption and Guardianship (cont'd)	<p style="text-align: center;">2.25 hours</p> <table border="1"> <tr> <td data-bbox="1024 1159 1154 1197">Week 1</td> <td data-bbox="1154 1159 1419 1197"> <ul style="list-style-type: none"> • L5 (45 mins) </td> </tr> <tr> <td data-bbox="1024 1197 1154 1234">Week 2</td> <td data-bbox="1154 1197 1419 1234"> <ul style="list-style-type: none"> • L6 (50 mins) </td> </tr> <tr> <td data-bbox="1024 1234 1154 1272">Week 3</td> <td data-bbox="1154 1234 1419 1272"> <ul style="list-style-type: none"> • L7 (15 mins) </td> </tr> <tr> <td data-bbox="1024 1272 1154 1346">Week 4</td> <td data-bbox="1154 1272 1419 1346"> <ul style="list-style-type: none"> • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • L5 (45 mins) 	Week 2	<ul style="list-style-type: none"> • L6 (50 mins) 	Week 3	<ul style="list-style-type: none"> • L7 (15 mins) 	Week 4	<ul style="list-style-type: none"> • Post-test (15 mins)
Week 1	<ul style="list-style-type: none"> • L5 (45 mins) 									
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Week 3	<ul style="list-style-type: none"> • L7 (15 mins) 									
Week 4	<ul style="list-style-type: none"> • Post-test (15 mins) 									
10	Assessment and Treatment Planning	<p style="text-align: center;">3.25 hours</p> <table border="1"> <tr> <td data-bbox="1024 1461 1154 1575">Week 1</td> <td data-bbox="1154 1461 1419 1575"> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) </td> </tr> <tr> <td data-bbox="1024 1575 1154 1612">Week 2</td> <td data-bbox="1154 1575 1419 1612"> <ul style="list-style-type: none"> • L2 (45 mins) </td> </tr> <tr> <td data-bbox="1024 1612 1154 1650">Week 3</td> <td data-bbox="1154 1612 1419 1650"> <ul style="list-style-type: none"> • L3 (30 mins) </td> </tr> <tr> <td data-bbox="1024 1650 1154 1795">Week 4</td> <td data-bbox="1154 1650 1419 1795"> <ul style="list-style-type: none"> • L4 (45 mins) (15 mins) • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (45 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (30 mins) 	Week 4	<ul style="list-style-type: none"> • L4 (45 mins) (15 mins) • Post-test (15 mins)
Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (40 mins) 									
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MONTH	MODULE	TIME ESTIMATION								
11	Using Therapeutic Parenting Strategies to Address Children’s Challenging Behaviors	<p style="text-align: center;">3.25 hours</p> <table border="1"> <tr> <td data-bbox="1029 443 1154 554">Week 1</td> <td data-bbox="1154 443 1414 554"> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) </td> </tr> <tr> <td data-bbox="1029 554 1154 665">Week 2</td> <td data-bbox="1154 554 1414 665"> <ul style="list-style-type: none"> • L1 (cont’d) (10 mins) • L2 (45 mins) </td> </tr> <tr> <td data-bbox="1029 665 1154 705">Week 3</td> <td data-bbox="1154 665 1414 705"> <ul style="list-style-type: none"> • L3 (30 mins) </td> </tr> <tr> <td data-bbox="1029 705 1154 816">Week 4</td> <td data-bbox="1154 705 1414 816"> <ul style="list-style-type: none"> • L4 (45 mins) • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 	Week 2	<ul style="list-style-type: none"> • L1 (cont’d) (10 mins) • L2 (45 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (30 mins) 	Week 4	<ul style="list-style-type: none"> • L4 (45 mins) • Post-test (15 mins)
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Week 4	<ul style="list-style-type: none"> • L4 (45 mins) • Post-test (15 mins) 									
12	Family Stability and Wellness Post Permanency	<p style="text-align: center;">3.25 hours</p> <table border="1"> <tr> <td data-bbox="1029 926 1154 1037">Week 1</td> <td data-bbox="1154 926 1414 1037"> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (35 mins) </td> </tr> <tr> <td data-bbox="1029 1037 1154 1077">Week 2</td> <td data-bbox="1154 1037 1414 1077"> <ul style="list-style-type: none"> • L2 (50 mins) </td> </tr> <tr> <td data-bbox="1029 1077 1154 1117">Week 3</td> <td data-bbox="1154 1077 1414 1117"> <ul style="list-style-type: none"> • L3 (25 mins) </td> </tr> <tr> <td data-bbox="1029 1117 1154 1438">Week 4</td> <td data-bbox="1154 1117 1414 1438"> <ul style="list-style-type: none"> • Post-test (15 mins) • Catch up/final review of modules (30 mins) • Post-training survey (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (35 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (50 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (25 mins) 	Week 4	<ul style="list-style-type: none"> • Post-test (15 mins) • Catch up/final review of modules (30 mins) • Post-training survey (15 mins)
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Notes:



Further Support

For additional information, implementation support, or consultation, please send an e-mail to: nti@adoptionssupport.org



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