



National Adoption Competency
Mental Health **Training Initiative** TM

A graphic titled 'pacingpartners.' in orange and green text. It includes a green flag on a stick with the word 'START' in white, a calendar icon with the text 'Many Time Options' on its orange header, and a blue clock face. A dashed grey line with orange and green dots connects the flag, calendar, and clock. A dark green rounded rectangle contains the text: 'A Complete Pacing Guide for Use with NTI Training for Child Welfare Supervisors' in white and green.

pacingpartners.

START

Many Time Options

A Complete Pacing Guide for
Use with NTI Training for
Child Welfare Supervisors



nurture.
inspire.
empower.



Welcome!

This comprehensive pacing guide is designed to support and enhance your journey through the **National Adoption Competency Mental Health Training Initiative (NTI) Child Welfare Supervisors (CWS)** training program. It provides a structured yet flexible roadmap, offering suggested timelines (4 months, 6 months, 7 months, and 12 months) to help you navigate the modules effectively.

While these guidelines serve as a helpful reference, we recognize that learning is personal. Each module may take more or less time depending on your learning style, background knowledge, and availability. In the Time Estimation column, 'L1,' 'L2,' 'L3,' etc., represent Lessons 1, 2, 3, and so on within each module.

Feel free to adjust the pacing to best suit your needs. Whether you prefer a steady approach or a more accelerated path, this guide is here to help you stay on track while allowing for flexibility. Additionally, we encourage you to consider completing this training alongside a partner or colleague. Engaging in discussions, sharing insights, and providing mutual support can enrich your learning experience.

Table of Contents:

4-Month / 16-Week Schedule	Page 3
6-Month / 24-Week Schedule	Page 5
7-Month / 28-Week Schedule	Page 8
12-Month / 48 Week Schedule	Page 11

4-Month / 16-Week Schedule

Goal: ~1.75 hours per week over 16 weeks

WEEK	MODULE	TIME ESTIMATION
1	A Case for Adoption Competency	<p style="text-align: center;">1.75 hours</p> <ul style="list-style-type: none"> • Pre-training survey (10 mins) • Pre-test (15 mins) • L1 (45 mins) • L2 (30 mins)
2	A Case for Adoption Competency (cont'd)	<p style="text-align: center;">1.75 hours</p> <ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) • L5/ Sup (30 mins) • Post-test (15 mins)
3	Understanding and Addressing Mental Health Needs of Children Moving Towards or Having Achieved Permanence through Adoption or Guardianship	<p style="text-align: center;">1.75 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (30 mins) • L3 (30 mins)
4	Understanding and Addressing Mental Health Needs of Children Moving Towards or Having Achieved Permanence through Adoption or Guardianship (cont'd)	<p style="text-align: center;">1.75 hours</p> <ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
5	Enhancing Attachment and Bonding for Children Moving Towards/ Having Achieved Permanence through Adoption and Guardianship	<p style="text-align: center;">1.75 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (30 mins) • L3 (30 mins)
6	Enhancing Attachment and Bonding for Children Moving Towards/ Having Achieved Permanence through Adoption and Guardianship (cont'd)	<p style="text-align: center;">1.75 hours</p> <ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
7	The Impact of Loss and Grief Experience on Children's Mental Health	<p style="text-align: center;">1.75 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (45 mins) • L2 (30 mins) • L3 (15 mins)
8	The Impact of Loss and Grief Experience on Children's Mental Health (cont'd)	<p style="text-align: center;">2 hours</p> <ul style="list-style-type: none"> • L3 (cont'd) (15 mins) • L4 (30 mins)

WEEK	MODULE	TIME ESTIMATION
		<ul style="list-style-type: none"> • L5 (30 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
9	The Impact of Early and Ongoing Trauma of Child and Family Development, Brain Growth and Development, and Mental Health	<p>1.75 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (30 mins) • L3 (30 mins)
10	The Impact of Early and Ongoing Trauma of Child and Family Development, Brain Growth and Development, and Mental Health (cont'd)	<p>1.75 hours</p> <ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
11	Positive Identity Formation and the Impact of Adoption and Guardianship	<p>1.75 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (30 mins) • L3 (30 mins)
12	Positive Identity Formation and the Impact of Adoption and Guardianship (cont'd)	<p>1.75 hours</p> <ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
13	The Lifelong Journey: Maintaining Children's Stability and Well-being in Adoptive and Guardianship Families	<p>1.75 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (30 mins) • L3 (30 mins)
14	The Lifelong Journey: Maintaining Children's Stability and Well-being in Adoptive and Guardianship Families (cont'd)	<p>1.75 hours</p> <ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
15	<i>Catch Up/ Review</i>	<p>30 minutes</p> <ul style="list-style-type: none"> • Catch up/ final review of modules (30 mins)
16	<i>Catch Up/ Review and Post Training Survey</i>	<p>30 minutes</p> <ul style="list-style-type: none"> • Catch up/ final review of modules (15 mins) • Post-training Survey (15 mins)

6-Month / 24-Week Schedule

Goal: ~1.25 hours per week over 24 weeks

WEEK	MODULE	TIME ESTIMATION
1	A Case for Adoption Competency	<p style="text-align: center;">1.25 hours</p> <ul style="list-style-type: none"> • Pre-training survey (10 mins) • Pre-test (15 mins) • L1 (45 mins)
2	A Case for Adoption Competency (cont'd)	<p style="text-align: center;">1.25 hours</p> <ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins) • L4 (15 mins)
3	A Case for Adoption Competency (cont'd)	<p style="text-align: center;">1 hour</p> <ul style="list-style-type: none"> • L4 (cont'd) (15 mins) • L5/ Sup (30 mins) • Post-test (15 mins)
4	Understanding and Addressing Mental Health Needs of Children Moving Towards or Having Achieved Permanence through Adoption or Guardianship	<p style="text-align: center;">1.25 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (30 mins)
5	Understanding and Addressing Mental Health Needs of Children Moving Towards or Having Achieved Permanence through Adoption or Guardianship (cont'd)	<p style="text-align: center;">1.25 hours</p> <ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) • L5 (15 mins)
6	Understanding and Addressing Mental Health Needs of Children Moving Towards or Having Achieved Permanence through Adoption or Guardianship (cont'd)	<p style="text-align: center;">1 hour</p> <ul style="list-style-type: none"> • L5 (cont'd) (15 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
7	Enhancing Attachment and Bonding for Children Moving Towards/ Having Achieved Permanence through Adoption and Guardianship	<p style="text-align: center;">1.25 hours</p> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (30 mins)
8	Enhancing Attachment and Bonding for Children Moving Towards/ Having Achieved Permanence through Adoption and Guardianship (cont'd)	<p style="text-align: center;">1.25 hours</p> <ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) • L5 (15 mins)
9	Enhancing Attachment and Bonding for Children Moving Towards/ Having Achieved Permanence through Adoption and Guardianship (cont'd)	<p style="text-align: center;">1 hour</p> <ul style="list-style-type: none"> • L5 (cont'd) (15 mins) • L6/ Sup (30 mins) • Post-test (15 mins)

WEEK	MODULE	TIME ESTIMATION
10	The Impact of Loss and Grief Experience on Children's Mental Health	1.25 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (45 mins) • L2 (15 mins)
11	The Impact of Loss and Grief Experience on Children's Mental Health (cont'd)	1.25 hours <ul style="list-style-type: none"> • L2 (cont'd) (15 mins) • L3 (30 mins) • L4 (30 mins)
12	The Impact of Loss and Grief Experience on Children's Mental Health (cont'd)	1.25 hours <ul style="list-style-type: none"> • L5 (30 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
13	The Impact of Early and Ongoing Trauma of Child and Family Development, Brain Growth and Development, and Mental Health	1.25 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (30 mins)
14	The Impact of Early and Ongoing Trauma of Child and Family Development, Brain Growth and Development, and Mental Health (cont'd)	1.25 hours <ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) • L5 (15 mins)
15	The Impact of Early and Ongoing Trauma of Child and Family Development, Brain Growth and Development, and Mental Health (cont'd)	1 hour <ul style="list-style-type: none"> • L5 (cont'd) (15 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
16	Positive Identity Formation and the Impact of Adoption and Guardianship	1.25 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (30 mins)
17	Positive Identity Formation and the Impact of Adoption and Guardianship (cont'd)	1.25 hours <ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) • L5 (15 mins)
18	Positive Identity Formation and the Impact of Adoption and Guardianship (cont'd)	1 hour <ul style="list-style-type: none"> • L5 (cont'd) (15 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
19	The Lifelong Journey: Maintaining Children's Stability and Well-being in Adoptive and Guardianship Families	1.25 hours <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) • L2 (30 mins)
20	The Lifelong Journey: Maintaining Children's Stability and Well-being in Adoptive and Guardianship Families (cont'd)	1.25 hours <ul style="list-style-type: none"> • L3 (30 mins)

WEEK	MODULE	TIME ESTIMATION
		<ul style="list-style-type: none"> • L4 (30 mins) • L5 (15 mins)
21	The Lifelong Journey: Maintaining Children’s Stability and Well-being in Adoptive and Guardianship Families (cont’d)	<p>1 hour</p> <ul style="list-style-type: none"> • L5 (cont’d) (15 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
22	<i>Catch Up/ Review</i>	<p>30 minutes</p> <ul style="list-style-type: none"> • Catch up/ final review of modules (30 mins)
23	<i>Catch Up/ Review</i>	<p>15 minutes</p> <ul style="list-style-type: none"> • Catch up/ final review of modules (15 mins)
24	<i>Post-Training Survey</i>	<p>15 minutes</p> <ul style="list-style-type: none"> • Post-training Survey (15 mins)

7 Month / 28 Week Schedule

Goal: ~3.5 hours / one module per month over 7 months

MONTH	MODULE	TIME ESTIMATION								
1	A Case for Adoption Competency	<p style="text-align: center;">3.5 hours</p> <table border="1"> <tr> <td style="background-color: #e67e22; color: white;">Week 1</td> <td> <ul style="list-style-type: none"> • Pre-training survey (10mins) • Pre-test (15 mins) • L1 (15 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 2</td> <td> <ul style="list-style-type: none"> • L1 (cont'd) (30 mins) • L2 (30 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 3</td> <td> <ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 4</td> <td> <ul style="list-style-type: none"> • L5/ Sup (30 mins) • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-training survey (10mins) • Pre-test (15 mins) • L1 (15 mins) 	Week 2	<ul style="list-style-type: none"> • L1 (cont'd) (30 mins) • L2 (30 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) 	Week 4	<ul style="list-style-type: none"> • L5/ Sup (30 mins) • Post-test (15 mins)
Week 1	<ul style="list-style-type: none"> • Pre-training survey (10mins) • Pre-test (15 mins) • L1 (15 mins) 									
Week 2	<ul style="list-style-type: none"> • L1 (cont'd) (30 mins) • L2 (30 mins) 									
Week 3	<ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) 									
Week 4	<ul style="list-style-type: none"> • L5/ Sup (30 mins) • Post-test (15 mins) 									
2	Understanding and Addressing Mental Health Needs of Children Moving Towards or Having Achieved Permanence through Adoption or Guardianship	<p style="text-align: center;">3.5 hours</p> <table border="1"> <tr> <td style="background-color: #e67e22; color: white;">Week 1</td> <td> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 2</td> <td> <ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 3</td> <td> <ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 4</td> <td> <ul style="list-style-type: none"> • L6/ Sup (30 mins) • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins) 	Week 3	<ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins) 	Week 4	<ul style="list-style-type: none"> • L6/ Sup (30 mins) • Post-test (15 mins)
Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 									
Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins) 									
Week 3	<ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins) 									
Week 4	<ul style="list-style-type: none"> • L6/ Sup (30 mins) • Post-test (15 mins) 									
3	Enhancing Attachment and Bonding for Children Moving Towards/ Having Achieved Permanence through Adoption and Guardianship	<p style="text-align: center;">3.5 hours</p> <table border="1"> <tr> <td style="background-color: #e67e22; color: white;">Week 1</td> <td> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 2</td> <td> <ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins) </td> </tr> <tr> <td style="background-color: #e67e22; color: white;">Week 3</td> <td> <ul style="list-style-type: none"> • L4 (30 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins) 	Week 3	<ul style="list-style-type: none"> • L4 (30 mins) 		
Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 									
Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins) 									
Week 3	<ul style="list-style-type: none"> • L4 (30 mins) 									

MONTH	MODULE	TIME ESTIMATION	
			<ul style="list-style-type: none"> • L5 (30 mins)
4	The Impact of Loss and Grief Experience on Children’s Mental Health		3.75 hours
		Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (45 mins)
		Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins)
		Week 3	<ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins)
		Week 4	<ul style="list-style-type: none"> • L6/ Sup (30 mins) • Post-test (15 mins)
5	The Impact of Early and Ongoing Trauma of Child and Family Development, Brain Growth and Development, and Mental Health		3.5 hours
		Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins)
		Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins)
		Week 3	<ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins)
		Week 4	<ul style="list-style-type: none"> • L6/ Sup (30 mins) • Post-test (15 mins)
6	Positive Identity Formation and the Impact of Adoption and Guardianship		3.5 hours
		Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins)
		Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins)
		Week 3	<ul style="list-style-type: none"> • L4 (30 mins)

MONTH	MODULE	TIME ESTIMATION	
		Week 4	<ul style="list-style-type: none"> • L5 (30 mins) • L6/ Sup (30 mins) • Post-test (15 mins)
7	The Lifelong Journey: Maintaining Children’s Stability and Well-being in Adoptive and Guardianship Families	4.25 hours	
		Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins)
		Week 2	<ul style="list-style-type: none"> • L2 (30 mins) • L3 (30 mins)
		Week 3	<ul style="list-style-type: none"> • L4 (30 mins) • L5 (30 mins)
		Week 4	<ul style="list-style-type: none"> • L6/ Sup (30 mins) • Post-test (15 mins) • Catch up/final review of modules (30 mins) • Post-training survey (15 mins)

12-Month / 48 Week Schedule

Goal: ~1.5 hours / 3.5 modules per month over 12 months

MONTH	MODULE	TIME ESTIMATION								
1	A Case for Adoption Competency	<p style="text-align: center;">3.5 hours</p> <table border="1"> <tr> <td style="background-color: #e0e0e0;">Week 1</td> <td> <ul style="list-style-type: none"> • Pre-training survey (10 mins) • Pre-test (15 mins) • L1 (15 mins) </td> </tr> <tr> <td style="background-color: #e0e0e0;">Week 2</td> <td> <ul style="list-style-type: none"> • L1 (cont'd) (30 mins) • L2 (30 mins) </td> </tr> <tr> <td style="background-color: #e0e0e0;">Week 3</td> <td> <ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) </td> </tr> <tr> <td style="background-color: #e0e0e0;">Week 4</td> <td> <ul style="list-style-type: none"> • L5/ Sup (30 mins) • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-training survey (10 mins) • Pre-test (15 mins) • L1 (15 mins) 	Week 2	<ul style="list-style-type: none"> • L1 (cont'd) (30 mins) • L2 (30 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) 	Week 4	<ul style="list-style-type: none"> • L5/ Sup (30 mins) • Post-test (15 mins)
Week 1	<ul style="list-style-type: none"> • Pre-training survey (10 mins) • Pre-test (15 mins) • L1 (15 mins) 									
Week 2	<ul style="list-style-type: none"> • L1 (cont'd) (30 mins) • L2 (30 mins) 									
Week 3	<ul style="list-style-type: none"> • L3 (30 mins) • L4 (30 mins) 									
Week 4	<ul style="list-style-type: none"> • L5/ Sup (30 mins) • Post-test (15 mins) 									
2	Understanding and Addressing Mental Health Needs of Children Moving Towards or Having Achieved Permanence through Adoption or Guardianship	<p style="text-align: center;">2 hours</p> <table border="1"> <tr> <td style="background-color: #e0e0e0;">Week 1</td> <td> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) </td> </tr> <tr> <td style="background-color: #e0e0e0;">Week 2</td> <td> <ul style="list-style-type: none"> • L2 (30 mins) </td> </tr> <tr> <td style="background-color: #e0e0e0;">Week 3</td> <td> <ul style="list-style-type: none"> • L3 (30 mins) </td> </tr> <tr> <td style="background-color: #e0e0e0;">Week 4</td> <td> <ul style="list-style-type: none"> • L4 (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 	Week 2	<ul style="list-style-type: none"> • L2 (30 mins) 	Week 3	<ul style="list-style-type: none"> • L3 (30 mins) 	Week 4	<ul style="list-style-type: none"> • L4 (15 mins)
Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 									
Week 2	<ul style="list-style-type: none"> • L2 (30 mins) 									
Week 3	<ul style="list-style-type: none"> • L3 (30 mins) 									
Week 4	<ul style="list-style-type: none"> • L4 (15 mins) 									
3	Understanding and Addressing Mental Health Needs of Children Moving Towards or Having Achieved Permanence through Adoption or Guardianship (cont'd)	<p style="text-align: center;">1.5 hours</p> <table border="1"> <tr> <td style="background-color: #e0e0e0;">Week 1</td> <td> <ul style="list-style-type: none"> • L4 (cont'd) (15 mins) </td> </tr> <tr> <td style="background-color: #e0e0e0;">Week 2</td> <td> <ul style="list-style-type: none"> • L5 (30 mins) </td> </tr> <tr> <td style="background-color: #e0e0e0;">Week 3</td> <td> <ul style="list-style-type: none"> • L6/ Sup (30 mins) </td> </tr> <tr> <td style="background-color: #e0e0e0;">Week 4</td> <td> <ul style="list-style-type: none"> • Post-test (15 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • L4 (cont'd) (15 mins) 	Week 2	<ul style="list-style-type: none"> • L5 (30 mins) 	Week 3	<ul style="list-style-type: none"> • L6/ Sup (30 mins) 	Week 4	<ul style="list-style-type: none"> • Post-test (15 mins)
Week 1	<ul style="list-style-type: none"> • L4 (cont'd) (15 mins) 									
Week 2	<ul style="list-style-type: none"> • L5 (30 mins) 									
Week 3	<ul style="list-style-type: none"> • L6/ Sup (30 mins) 									
Week 4	<ul style="list-style-type: none"> • Post-test (15 mins) 									
4	Enhancing Attachment and Bonding for Children Moving Towards/ Having Achieved Permanence through Adoption and Guardianship	<p style="text-align: center;">2 hours</p> <table border="1"> <tr> <td style="background-color: #e0e0e0;">Week 1</td> <td> <ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) </td> </tr> </table>	Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 						
Week 1	<ul style="list-style-type: none"> • Pre-test (15 mins) • L1 (30 mins) 									

MONTH	MODULE	TIME ESTIMATION								
		<table border="1"> <tr> <td>Week 2</td> <td>• L2 (30 mins)</td> </tr> <tr> <td>Week 3</td> <td>• L3 (30 mins)</td> </tr> <tr> <td>Week 4</td> <td>• L4 (15 mins)</td> </tr> </table>	Week 2	• L2 (30 mins)	Week 3	• L3 (30 mins)	Week 4	• L4 (15 mins)		
Week 2	• L2 (30 mins)									
Week 3	• L3 (30 mins)									
Week 4	• L4 (15 mins)									
5	Enhancing Attachment and Bonding for Children Moving Towards/ Having Achieved Permanence through Adoption and Guardianship (cont'd)	<p>1.5 hours</p> <table border="1"> <tr> <td>Week 1</td> <td>• L4 (cont'd) (15 mins)</td> </tr> <tr> <td>Week 2</td> <td>• L5 (30 mins)</td> </tr> <tr> <td>Week 3</td> <td>• L6/ Sup (30 mins)</td> </tr> <tr> <td>Week 4</td> <td>• Post-test (15 mins)</td> </tr> </table>	Week 1	• L4 (cont'd) (15 mins)	Week 2	• L5 (30 mins)	Week 3	• L6/ Sup (30 mins)	Week 4	• Post-test (15 mins)
Week 1	• L4 (cont'd) (15 mins)									
Week 2	• L5 (30 mins)									
Week 3	• L6/ Sup (30 mins)									
Week 4	• Post-test (15 mins)									
6	The Impact of Loss and Grief Experience on Children's Mental Health	<p>2 hours</p> <table border="1"> <tr> <td>Week 1</td> <td>• Pre-test (15 mins) • L1 (30 mins)</td> </tr> <tr> <td>Week 2</td> <td>• L1 (cont'd) (15 mins) • L2 (15 mins)</td> </tr> <tr> <td>Week 3</td> <td>• L2 (cont'd) (15 mins) • L3 (15 mins)</td> </tr> <tr> <td>Week 4</td> <td>• L3 (cont'd) (15 mins)</td> </tr> </table>	Week 1	• Pre-test (15 mins) • L1 (30 mins)	Week 2	• L1 (cont'd) (15 mins) • L2 (15 mins)	Week 3	• L2 (cont'd) (15 mins) • L3 (15 mins)	Week 4	• L3 (cont'd) (15 mins)
Week 1	• Pre-test (15 mins) • L1 (30 mins)									
Week 2	• L1 (cont'd) (15 mins) • L2 (15 mins)									
Week 3	• L2 (cont'd) (15 mins) • L3 (15 mins)									
Week 4	• L3 (cont'd) (15 mins)									
7	The Impact of Loss and Grief Experience on Children's Mental Health (cont'd)	<p>1.75 hours</p> <table border="1"> <tr> <td>Week 1</td> <td>• L4 (30 mins)</td> </tr> <tr> <td>Week 2</td> <td>• L5 (30 mins)</td> </tr> <tr> <td>Week 3</td> <td>• L6/ Sup (30 mins)</td> </tr> <tr> <td>Week 4</td> <td>• Post-test (15 mins)</td> </tr> </table>	Week 1	• L4 (30 mins)	Week 2	• L5 (30 mins)	Week 3	• L6/ Sup (30 mins)	Week 4	• Post-test (15 mins)
Week 1	• L4 (30 mins)									
Week 2	• L5 (30 mins)									
Week 3	• L6/ Sup (30 mins)									
Week 4	• Post-test (15 mins)									
8	The Impact of Early and Ongoing Trauma of Child and Family Development, Brain Growth and Development, and Mental Health	<p>2 hours</p> <table border="1"> <tr> <td>Week 1</td> <td>• Pre-test (15 mins) • L1 (30 mins)</td> </tr> </table>	Week 1	• Pre-test (15 mins) • L1 (30 mins)						
Week 1	• Pre-test (15 mins) • L1 (30 mins)									

MONTH	MODULE	TIME ESTIMATION	
		Week 2	• L2 (30 mins)
		Week 3	• L3 (30 mins)
		Week 4	• L4 (15 mins)
9	The Impact of Early and Ongoing Trauma of Child and Family Development, Brain Growth and Development, and Mental Health (cont'd)	1.5 hours	
		Week 1	• L4 (cont'd) (15 mins)
		Week 2	• L5 (30 mins)
		Week 3	• L6/ Sup (30 mins)
		Week 4	• Post-test (15 mins)
10	Positive Identity Formation and the Impact of Adoption and Guardianship	2 hours	
		Week 1	• Pre-test (15 mins) • L1 (30 mins)
		Week 2	• L2 (30 mins)
		Week 3	• L3 (30 mins)
		Week 4	• L4 (15 mins)
11	Positive Identity Formation and the Impact of Adoption and Guardianship (cont'd)	1.5 hours	
		Week 1	• L4 (cont'd) (15 mins)
		Week 2	• L5 (30 mins)
		Week 3	• L6/ Sup (30 mins)
		Week 4	• Post-test (15 mins)
12	The Lifelong Journey: Maintaining Children's Stability and Well-being in Adoptive and Guardianship Families	4.25 hours	
		Week 1	• Pre-test (15 mins) • L1 (30 mins)
		Week 2	• L2 (30 mins) • L3 (30 mins)
		Week 3	• L4 (30 mins) • L5 (30 mins)
		Week 4	• L6/ Sup (30 mins)

MONTH	MODULE	TIME ESTIMATION
		<ul style="list-style-type: none"> • Post-test (15 mins) • Catch up/ final review of modules (30 mins) • Post-training Survey (15 mins)

Notes:

Further Support

For additional information, implementation support, or consultation, please send an e-mail to: nti@adoptionsupport.org



National Adoption Competency
Mental Health **Training Initiative**™



www.adoptionsupport.org/nti



nurture.
inspire.
empower.