



Learning Objectives:

1. Identify 2 strategies to foster engagement, connection, and trust with resistant children.
2. Learn 4 creative therapeutic interventions to use with children to help them express anger, regulate affect, and manage grief and loss.
3. Implement interventions to help a child construct a coherent adoption or foster care adoption narrative.

Timed Agenda:

1:00-1:15 Introduction to Themes in Adoption and Foster Care

1:15-1:30 Help Build Coping Skills

1:30-1:45 Creating an Adoption and/or Foster Care Narrative

1:45-2:00 Understanding Shame, Holding Onto Feelings, Creating a Safety Plan

2:00-2:30 Share Resources, Q&A