



A world where every child and family connected to adoption, foster and kinship care thrives.

2023 was a significant year for C.A.S.E. With your support, we celebrated 25 years of service to the adoptive, foster and kinship care communities.



Together, we are making a difference by:



Providing mental health services to children and families



Advancing learning to build a responsive national network of professionals



Transforming policy and practice through research and advocacy



Providing Mental Health Services to Children and Families

Since 1998, you have made it possible for C.A.S.E. to provide specialized mental health services to more than 7,000 children and their families.

In 2023 alone:

Individuals Participating in Mental Health Services

Presenting Client	792
Family Member	1,252
Total	2,044

Individuals Benefiting by Type of Service*

Adoptive Family Recruitment	30
Psychiatric Services	76
Group Therapy	114
Case Management	944
Individual/Family Therapy	1,482
Total	2,646

^{*}Clients receiving more than one service are counted for each service.

Fund-a-Family Scholarship Program

Thanks to you, in 2023 C.A.S.E. was able to offer more than

\$170,000 in financial assistance to residents of Washington, D.C., Maryland, and Virginia.

Your generous support improved the mental health of 103 clients and their families, like Andrea's, who were not able to afford the cost of therapy. You helped 66 children and youth and 37 adults and their families to engage in more than 1,000 counseling sessions to heal and overcome challenges related to loss, grief, trauma, identity issues, executive function, anxiety and depression.



"The scholarship we received through C.A.S.E. provided our family with strategies and tools to help us communicate more effectively. We were able to have a greater understanding of our adopted children's thoughts, fears, and feelings. We are thankful for the time we spent working with our C.A.S.E. therapist and the generosity of those that made it possible."

- Andrea, Adoptive Mom, C.A.S.E. Scholarship Client/Recipient



Advancing Learning to Build a Responsive National Network of Professionals

Together, we are building a national workforce by advancing learning for more than 30,000 child welfare and mental health professionals who are serving children and families in communities across the country.

With your support, in 2023 C.A.S.E. launched our Academy for Advancing Clinical Practice in Permanency, integrating our clinical practice and training into hands-on learning to broaden professionals' knowledge and practice integrating specialized skills.

You helped us convene an 11-member National Advisory Board, develop a robust internship program and train 10 MSW graduate students, complete a library of 11 instructional videos, and actively engage developing professionals in vibrant learning communities.

Across C.A.S.E. we managed more than



registrations for our training programs and webinars.

6,721

Webinars: Strengthening Your Family Series and Others 5,361

National Training Initiative (NTI): Child Welfare, Mental Health, Schools 2,008

Conferences and Contracted Training

School-based Mental Health Professionals Training

Your support allowed C.A.S.E. to adapt and extend our National Training Initiative (NTI) curriculum to school-based professionals to help them address the complex educational and behavioral needs of children in adoptive, foster, and kinship families.

To date, 710 professionals like Ana have enrolled, representing 35 states and territories. With a goal of enrolling 1,500 professionals by December 2024, we presented at conferences nationwide last year and promoted the training to thousands of school districts and associations.



"[The training] from C.A.S.E. helps counselors and teachers to work with students in more effective ways to improve well-being. It supports deeper problem-solving for students' behaviors and provides reminders for many teachers about how the brain functions in a young child who has been affected by trauma.

Ana, District-Wide Social Worker,
Family Services Coordinator
Nooksack Valley School District, WA





Transforming Policy and Practice Through Research and Advocacy

Broadening C.A.S.E.'s leadership in workforce development in October 2023, C.A.S.E. was selected to develop the first ever National Center for Adoption Competent Mental Health Services funded through a cooperative agreement from the U.S. Department of Health & Human Services through the Administration for Children and Families (Grant #90CO1145). The Center is building bridges between child welfare and mental health systems to improve the quality of mental health care for children, young adults, and their families who have experienced the child welfare system, infusing the NTI adoption competency training in all levels of mental health care nationally.



Building Bridges to Improve Mental Health



Thank You <a>for Caring!

Your generosity has touched the hearts and lives of so many and we welcome your feedback. To discuss your support for C.A.S.E., or to learn more about giving through your estate or to our Endowment Fund, contact **Tamara Arsenault, Director of Development at arsenault@adoptionsupport.org or (301) 476-8525 × 429.**