

Helping School Districts Thrive!



**FREE**  
Web-based  
Training with  
CE Credits!

## School-Based Mental Health Professionals Training

**Better Outcomes for Children & Youth!**



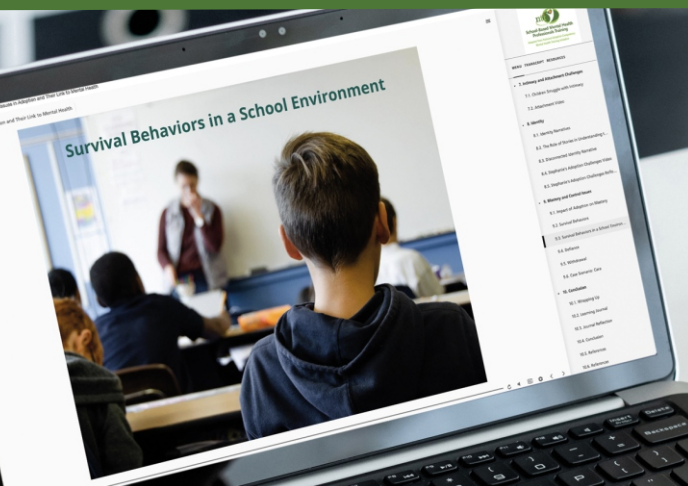
Get needed knowledge, skills, strategies, and resources to  
address the **complex needs** of students experiencing  
adoption, foster care, or kinship care!

***Support the well-being of K-12 students  
with trauma-informed training!***

# Why do School Mental Health Professionals *need specialized training* to meet the complex mental health needs of students?

Addressing the mental health needs of students has *never been more important*. Depression, anxiety and post-covid loss are plaguing our students. These challenges are even more heightened for students who are adopted or are experiencing impermanence through foster/ kinship care because of the added losses and traumas they have experienced.

These students have often experienced trauma, grief, loss, identity issues and attachment challenges. They need school professionals who have the knowledge, skills, strategies, and resources to work with them and their behaviors in ways that support their well-being... and that's what this training helps provide, and more!

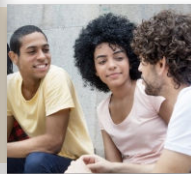


- *Training content is also relevant for immigrant / refugee populations, and students who are experiencing other types of traumatic experiences.*



- *This training is an essential part of a trauma-informed system for school districts striving for students' well-being.*

# Give Students and Schools Better Outcomes and Well-Being!



School professionals who complete this training are *better equipped* to address student challenges that compromise learning and classroom management.

➔ **Allocate time for this FREE training that can make a big difference!**

This 15-hour, web-based training is intended for school-based mental health professionals including counselors, psychologists, social workers, therapists, and school administrators who want to understand and address the mental health needs of students experiencing adoption, foster care, or kinship placements.

CE credits may be available through your state or licensing boards.

➔ **Learn more and ENROLL at:**

[www.adoptionsupport.org/nti/schools](http://www.adoptionsupport.org/nti/schools) ➔





## The training provides:

- Interactive self-paced modules with transfer of learning tools
- Videos insights by individuals with lived experience
- Knowledge, skills, strategies and resources to address behavioral challenges
- A shared language to foster interdisciplinary collaboration between school administrators and mental health professionals as they share insights with teachers



## **School Districts can put this training to work - right away!**

- Effective communication and collaboration between school administrators, mental health professionals, teachers and families are essential for providing comprehensive support to students experiencing foster care and adoption.
- School administrators who prioritize adoption competency training ensure that mental health staff are well-versed in trauma-informed practices.
- Schools using this training promote understanding, compassion, and resilience. They enable educators to create a trauma-sensitive learning environment that supports the healing process and maximizes students' learning potential!

*This training is adapted from web-based training for Mental Health Professionals developed through the National Adoption Competency Mental Health Training Initiative funded through a cooperative agreement (#90CO1121) between the Children's Bureau, Administration for Children and Families, US Department of Health and Human Services and the Center for Adoption Support and Education (C.A.S.E.).*



# School-Based Mental Health Professionals Training

## Why is *Specialized* Training Needed to create a trauma-sensitive learning environment?

Your school can further academic success and well-being by supporting students' healing processes and maximizing their potential. Research consistently shows that when the students' mental health needs are effectively addressed, academic achievement and overall well-being improve.



School administrators and mental health staff can support the emotional and psychological development of students experiencing foster care and adoption

proactively along with students who experience other types of traumas. This holistic approach contributes to improved educational outcomes, better classroom management, school stability, increased student engagement and academic success!

**Bridge the Gap!** Engage in sensitive conversations, build trust, connect with families and establish collaborative partnerships.

“ I felt I did more with the family *in one session after this training* then in two years of meetings!

I have built a positive rapport with a student who trusts me (which is the first step) and now I feel like I can do real work with her.”

School Counselor  
*School-based Training Participant*



## School-Based Mental Health Professionals Training

Adapted from National Adoption Competency Mental Health Training Initiative (NTI)



**Enroll Now:**

[www.adoptionsupport.org/nti/schools](http://www.adoptionsupport.org/nti/schools)

**For implementation assistance:**

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