The Center for Adoption Support and Education (C.A.S.E.) provides specialized counseling, training and education that nurtures, inspires and empowers adoptive and foster families to succeed.

Since being founded in 1998 by Kathleen Dugan, an extraordinary woman and mother of 4 biological and 8 adopted children, C.A.S.E. has grown to become a local, national and international resource for adoptive and foster families and the professionals who support them.
Partnerships

C.A.S.E. collaborates and partners with many local and national organizations, agencies, educational institutions and individuals to serve the adoption and foster care community and ensure growth and opportunity for the future. Visit our “Partnerships” page online for a full list of our valued partners.

**Jockey Being Family® of Jockey International, Inc.**
C.A.S.E. partners with Jockey Being Family to provide our *Strengthening Your Family* monthly webinar series as well as backpacks filled with toys and educational resources to thousands of adopted children and their families nationwide.

**Wendy’s Wonderful Kids (WWK)**
The WWK program focuses exclusively on moving North America’s longest-waiting children from foster care into adoptive families. In 2018, C.A.S.E.’s two WWK recruiters successfully placed 4 children in Maryland most at risk of aging out of the foster care system with their forever families.

**Spaulding Partnership Program**
C.A.S.E. partners with Spaulding for Children, the lead agency, on two national initiatives to develop state-of-the-art, culturally appropriate training for foster and adoptive parents and guardians. These initiatives are funded through a cooperative agreement with the Administration for Children and Families, Children’s Bureau.

- **CORE TEEN Critical Ongoing Resource Family Education** – partners include: Dr. Bruce Perry/ChildTrauma Academy, North American Council on Adoptable Children (NACAC) and University of Washington.

- **NTDC National Training and Development Curriculum** – partners include: Dr. Bruce Perry/ChildTrauma Academy, NACAC, National Council for Adoption (NCFA) and the University of Washington.

Visit our “Partnerships” page under “About Us” online for more information.
Mental Health Services for Children & Families

All families need support. Families who choose adoption often realize that the specialized guidance and mental health services suited to their unique needs can be hard to find. That's where C.A.S.E. comes in.

How We Help
C.A.S.E. combines best practices and innovation to provide specialized individual and family therapy, addressing mental health issues associated with separation, loss, grief, attachment and identity. C.A.S.E. clinicians use a trauma-informed approach and a wide range of therapeutic tools to help individuals and families to overcome a variety of challenges.

Counseling
Working from a trauma-informed perspective, our adoption-competent therapists have the knowledge and training to help those who have been touched by adoption and foster care navigate tough issues.

In addition to office-based services, C.A.S.E. offers secure, interactive video-conferencing counseling and consultation services to individuals in Maryland, Virginia, Washington, DC or New York who live too far away to access counseling in one of our offices.

Who We Serve
- Child/teen adoptees and their families
- Adult adopted persons
- Birth parents
- Kinship families
- Prospective and waiting adoptive parents
- Youth in foster care and their families

Post-Adoption Case Management Services
This initiative, funded by the Virginia Department of Social Services and in partnership with Catholic Charities and Lutheran Family Services, offers post-adoption direct services and support for Virginia’s families.

Workshops, Webinars and Publications
C.A.S.E. offers monthly Strengthening Your Family webinars and award-winning publications for parents and professionals alike. Visit our online store for all product offerings.
Education and Training for Professionals

C.A.S.E. offers multiple training programs for professionals nationwide to support becoming adoption-competent and gain the skills, insight and experience necessary to serve the unique needs of the adoption and foster care community.

Read testimonials online under “Adoption Competency Initiatives.”

Training for Adoption Competency (TAC)

A post-Master’s curriculum that includes classroom clinical case consultation, TAC is now the premiere national program to train mental health practitioners in adoption-competent skills. C.A.S.E. has grown our TAC network to 17 national training partners, including universities and child welfare agencies. Over 1,600 clinicians across the country have completed the 72-hour curriculum since 2009.

Adoptive families nationwide can connect with TAC-trained adoption-competent mental health professionals by searching C.A.S.E.’s online national directory.

National Adoption Competency Mental Health Training Initiative (NTI)

Through a cooperative agreement with the U.S. Department of Health and Human Services, Administration for Children and Families, Children's Bureau, the National Adoption Competency Mental Health Training Initiative (NTI) developed two, state-of-the-art, standardized web-based trainings to enhance the capacity of child welfare professionals and mental health practitioners to better understand and address the mental health and developmental needs of children moving to or having achieved permanency through adoption or guardianship.

Educational Trainings and Workshops

C.A.S.E. offers more than 20 educational trainings, including W.I.S.E. Up!™ that can be tailored for a variety of audiences including educators, faith groups, or professionals who serve the adoption and foster care community. Trainings can be provided virtually or in person, addressing professional or parent groups. C.A.S.E. offers CEUs by request from professionals who attend any live stream monthly Strengthening Your Family webinar.
“For one of our children, we were the fourth home that he lived in before he was 2 years old. He couldn’t talk. He couldn’t communicate. Now he laughs and is so happy. What an incredible reminder of how far we can go as a family by working together.”

– Jessica and Timothy Richmond, Adoptive and Foster Parents

Mission

Improving the lives of children who have been adopted or in foster care and their families through counseling, lifelong education, and a growing national network of trained professionals.
Our Impact

C.A.S.E. has developed a national reputation for excellence in meeting the needs of the adoption and foster care community by providing early intervention, educational resources and ongoing support that significantly impacts the lives, stability and permanency of adoptive families.

With seven offices across the metro regions of Washington, DC, Baltimore, MD and the Capital Region of New York, we have become the leading regional provider of pre- and post-adoption support, serving 6,153 counseling clients to date.

“C.A.S.E. has helped us, as adoptive parents, to understand and relate better to our children.”

– Adoptive Parent
Contact Us
General
301-476-8525
caseadopt@adoptionsupport.org
www.adoptionsupport.org

Schedule an Appointment
866-217-8534
appts@adoptionsupport.org

Main Office | Montgomery County
Burtonsville, MD

Bethesda | Montgomery County
Bethesda, MD

Baltimore | Baltimore County
Towson, MD

Riverdale Park | Prince George's County
Riverdale Park, MD

Annandale | Fairfax County
Annandale, VA

Sterling | Loudoun County
Sterling, VA

Capital Region of New York
Albany, NY

Connect with Us
Sign up for our Enewsletter at
www.adoptionsupport.org

Support Us
Join C.A.S.E. in our mission to nurture, inspire and empower adoptive and foster families and the professionals who support them by donating, including us in your workplace giving or estate planning, donating your vehicle or making an in-kind contribution. Visit our “Ways to Give” page online to learn more.

Interested in being a part of something special? Support C.A.S.E. as a volunteer. Visit our “Volunteer” page to complete an interest form.

www.adoptionsupport.org