8 Ways to Engage with Your Child & Encourage Family Communication

1. **Share photos and videos** of the first days with your child and retell her adoption story.

2. **Engage in an activity** with your kids that you loved to do during summertime. Pass on fun family traditions and encourage them to do the same!

3. **Help your kids connect to their early history.** Write letters and send photos to people who were a part of their lives before they entered yours.

4. **Build stronger connections to extended family members.** Visit cousins and grandparents!

5. **Explore your child’s racial/ethnic heritage.** Visit a local cultural festival or take a trip to the city where your child was born.

6. **Help your child or teen practice the W.I.S.E. UP!sm Program;** find a cozy place to review the Powerbook activities.*

7. **Read a book or watch a movie together** with a foster care or adoption related theme.

8. **Play our card game*** “52 Ways to Talk About Adoption” which encourages families to discuss adoption-related topics in a fun and interesting way.