NTI TIP SHEET #3
May 2017

Print them off, pass them out!

NTI has a wealth of supplemental resources within the training modules. This tip sheet highlights several resources available in NTI that you and/or your staff can use to assist in your conversations with families.

5 NTI Resources for Practice

#1 BOOKS FOR CHILDREN AND THEIR FAMILIES WHO HAVE EXPERIENCED FOSTER CARE AND/OR ADOPTION.

Module 2 Lesson 3 has two book lists to help families and children understand adoption and foster care:

- Bibliotherapy Books and Resources
- Book List for Foster and Adopted Kids

#2 HOW TO TALK WITH KIDS ABOUT ADOPTION/GUARDIANSHIP AND ASPECTS OF THEIR PAST

Your role as a child welfare professional often includes facilitating open communication between children and their families. Module 2 Lesson 4 includes Handout 2.4.3 Talking with Children about Adoption/Guardianship or Aspects of their Past, which gives tips to families on how to create an open environment where children feel comfortable asking questions.

#3 HELP FAMILIES FIND THE RIGHT MENTAL HEALTH PROFESSIONAL

Finding the right mental health profession who is competent in issues of adoption, foster care, and guardianship can be critical for establishing an effective therapeutic relationship. These three handouts from Module 2, Lesson 5 can help families find the right professional:

- Handout 2.5.1 Finding the Right Therapist
- Handout 2.5.2 Selecting and Working with a Therapist Skilled in Adoption
- Handout 2.5.3 Seeking Meaningful Therapy: Thoughts from an Adoptive Mom

NTI Testimonial:

“I will be able to write better home studies and use my time with families to educate them about what issues to pay attention to as they are going through the adoption process and what to expect post adoption especially as children are nearing teenage years.”
#4 PREPARING CHILDREN IN FOSTER CARE FOR SEPARATION AND MOVES

Moving can be a difficult time for children in foster care, as workers you can assist in preparing a child for separation and facilitating a ‘good’ goodbye discussed in Module 3. These two handouts can help foster parents and other caregivers prepare a child for moving:

- Handout 3.3.1 Goodbye Letter from Foster Father
- M3L3 Moving in Foster Care

#5 RESOURCES FOR MULTI-CULTURAL FAMILIES

Module 4 has many resources for multi-cultural families. These five handouts can be used as resources when working with transracial, transcultural, and LGBTQ youth and families:

- Handout 4.3.1: Tools for Having Conversations About Transracial or Transcultural Adoption
- M4L3 A Transracially-Adopted Child’s Bill of Rights
- M4L3 Self Awareness Tool
- Handout 4.4.1: Creating a Multicultural Family
- M4L4 Supporting Your LGBTQ Youth: A Guide for Foster Parents

Don’t Hesitate to Contact Your State Implementation Specialist

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