

8 Ways to Engage with Your Child & Encourage Family Communication



nurture.
inspire.
empower.

1. *Share photos and videos* of the first days with your child and retell her adoption story.
2. *Engage in an activity* with your kids that you loved to do during summertime. Pass on fun family traditions and encourage them to do the same!
3. *Help your kids connect to their early history.* Write letters and send photos to people who were a part of their lives before they entered yours.
4. *Build stronger connections to extended family members.*
Visit cousins and grandparents!
5. *Explore your child's racial/ethnic heritage.* Visit a local cultural festival or take a trip to the city where your child was born.
6. *Help your child or teen practice the W.I.S.E. UP!sm Program;* find a cozy place to review the Powerbook activities.*
7. *Read a book or watch a movie together* with a foster care or adoption related theme.
8. *Play our card game* "52 Ways to Talk About Adoption"* which encourages families to discuss adoption-related topics in a fun and interesting way.